

EMOTIONAL INTELLIGENCE

Unlocking emotional intelligence

WHAT IS THE TRAIT EMOTIONAL INTELLIGENCE QUESTIONNAIRE?

Emotional intelligence (EI) is how well a person understands and manages their emotions and the emotions of others and how they use this knowledge to manage relationships. Developing these skills is critical in the workplace, with strong emotional intelligence being linked to high performance. The Trait Emotional Intelligence Questionnaire (TEIQue) measures EI, providing answers to questions such as:

- How aware is this person of their strengths and limitations?
- How can this person understand the emotions of others?
- Does this person excel at developing relationships?
- How self-motivated and adaptable is this person?
- How does this person react to pressure?



“TEIQue enables me to support the business by improving performance and creating great leaders, so we can deliver the very best policing to our communities.”

- Thames Valley Police

HOW CAN TEIQue HELP YOU?

Recruit emotionally intelligent candidates

- Gain an insight into how candidates manage their own emotions and the emotions of others
- Understand how they may respond to stress or change

Retain your employees

- Identify and develop emotionally intelligent managers who engender loyalty and engagement

Develop your managers

- Fine tune the skills of your managers by boosting their self-awareness
- Give them the tools to improve how they engage and communicate with their teams

Support personal development

- Pinpoint specific areas for development
- Support development plans towards people management or other goals

WHAT YOU GET WITH YOUR TEIQue REPORT

The TEIQue report explains the background and theory of emotional intelligence, its role in the workplace and an interpretation of the candidate's scores, once they have completed the assessment. The report breaks down how the scores may manifest in a professional environment and any issues to think about and work on.

The TEIQue Personal Development report is the next level in terms of developing emotional intelligence. It provides your people with in-depth information around how their scores may impact their performance at work and includes detailed considerations for development and training in emotional intelligence.

- Assessment type: Personality
- Time to complete: 20 minutes
- Format: 153 questions
- Training required: International TEIQue accreditation
- Validation: Registered with the British Psychological Society

Also available

TEIQue-SF

The Trait Emotional Intelligence Questionnaire - Short Form (TEIQue-SF) is a robust measure of emotional intelligence, which takes just 5 minutes to complete.

The assessment provides a snapshot of overall emotional functioning, ability to manage relationships, emotional control and response to pressure.



The Trait Emotional Intelligence Questionnaire (TEIQue) was developed (and is continually updated) by K.V. Petrides, PhD at his London Psychometric Laboratory, currently based at UCL. It is one of the world's best-researched and most widely applied psychometric instruments. For more information about the scientific pedigree of the TEIQue, go to www.psychometriclab.com.